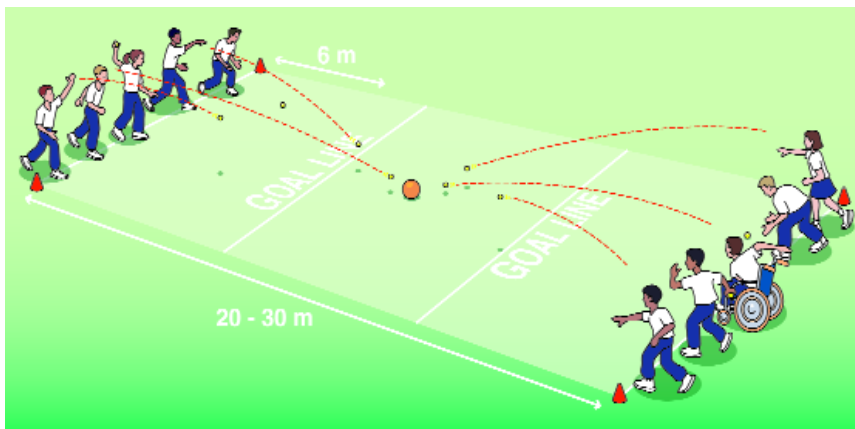


Fielding - 9. Cross Fire

Equipment



15 minutes



COACHES CORNER

A great test of throwing accuracy and on-going progression

- Objective: to score goals by throwing small balls at the large ball.
- A goal is scored when the large ball crosses the opposition goal line.
- When a goal is scored the ball is replaced in the centre.
- Balls can be collected from in front of the goal line but not thrown from there.

Notes

Award Level Criteria



- Well behaved
- Enthusiastic
- Actively involved
- Basic balance
- Basic agility & athleticism
- Basic co-ordination



- Well behaved
- Enthusiastic
- Actively involved
- Good balance
- Good agility & athleticism
- Good co-ordination



- Well behaved
- Enthusiastic
- Actively involved
- Good balance
- Good agility & athleticism
- Good co-ordination
- Demonstrates basic technique
- Shows good basic throwing technique and on-going improvement



- Actively involved
- Very good balance
- Very good agility & athleticism
- Very good co-ordination
- Good technique
- Shows increasing levels of accuracy and success



- Actively involved
- Excellent balance
- Excellent agility & athleticism
- Excellent co-ordination
- Very good technique
- Consistently hits or 'just misses' the target